



Ladies First Contact List

- Member Services** 1-800-508-2222
- Billing** 1-800-510-2282
- Provider Support & Enrollment** 1-800-510-2282
- Case Manager** 1-800-510-2282
- Director** 1-802-651-1612
- Health Outreach Specialist** 1-802-863-7498
- Nutrition Counselor** 1-802-652-4139
- Online information** www.LadiesFirstVt.org

Fax Clinical Results to:

1-802-657-4208 (Confidential Fax)

or mail to:

Vermont Department of Health
Ladies First
P.O. Box 70, Drawer 38 (LF)
Burlington, VT 05402-0070



Type of Service and Eligibility	Annual Screenings	Diagnostic Tests	Referral for Treatment
Breast Screening <ul style="list-style-type: none"> • 21-39 (if clinically needed) • 40+ 	<ul style="list-style-type: none"> • Clinical breast exam • Breast self-exam instruction • Screening Mammogram 	<ul style="list-style-type: none"> • Diagnostic Mammogram • Ultrasound • Consultation • Second opinion • Breast biopsy 	<p>Ladies First members referred for full Medicaid coverage during treatment.</p> <p>Contact Ladies First: 1-800-510-2282</p>
Cervical Screening <ul style="list-style-type: none"> • 21-65 	<ul style="list-style-type: none"> • Pelvic exam • Pap smear every 3 years 	<ul style="list-style-type: none"> • Colposcopy • Diagnostic tests 	<p>Ladies First members referred for full Medicaid coverage during treatment.</p> <p>Contact Ladies First: 1-800-510-2282</p>
<ul style="list-style-type: none"> • 30-65 	<ul style="list-style-type: none"> • Pelvic exam • Pap smear & HPV every 5 years 	<ul style="list-style-type: none"> • Colposcopy • Diagnostic tests 	<p>Ladies First members referred for full Medicaid coverage during treatment.</p> <p>Contact Ladies First: 1-800-510-2282</p>
Cardiovascular Disease Screening <ul style="list-style-type: none"> • 30+ 	<ul style="list-style-type: none"> • Annual office visit • Blood pressure • Total cholesterol • Lipid profile • Blood glucose • HA1c 	<ul style="list-style-type: none"> • One office visit • Approved follow-up tests • CVD treatment services are not covered* 	<p>Refer women to the Ladies First Lifestyle program:* 1-802-652-4139</p> <p>Smoking cessation: Vermont Quit Network 1-800-Quit Now</p> <p>Healthier Living Workshops 1-802-652-2096</p>

* The Ladies First Lifestyle program provides goal setting and educational materials for nutrition, physical activity and tobacco cessation offered by phone, mail, or e-mail.